

Forest Grove Elementary



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Mrs. K. Jones
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NEXT PAC MEETING

Monday

February 24th

7 pm

Library

Parents and Caregivers
are welcome to share
ideas

**SCHOOL IS NOT IN
SESSION ON THESE DATES
IN FEBRUARY**

- **17th—Family Day**
- **28th—Pro-D Day**

Lunar New Year
Presentation

Feb. 6th 6:30 pm

Students in the Man-
darin Program will be
presenting

Principal's Message:

February is a time of year many have “the heart” on their minds. Here at Forest Grove we will continue our legacy of fundraising for The Heart and Stroke Foundation. This is the 26th year that Forest Grove has been fundraising for this cause. There have been many advancements made in this area and the families in this community can take pride in their contributions to making a difference.

The heart is a vital organ that needs physical exercise. Children between the ages of 5-12 are encouraged to get one hour of physical activity a day. We encourage students to be active throughout the day at school with gym class, running laps for breaks and recess and lunch activity.

Our hearts are also the seat of our emotions and we continue to teach and nurture kindness and respect among the students. This is a daily focus as these attributes make for a positive and cooperative environment. Teachers take the time to teach feeling words to the students so that they are better able to articulate their feelings when issues arise. We encourage students to understand how they are feeling and to self regulate if needed.

During this month we will be focusing on anti bullying. Teachers will be doing various activities in the classes to promote cooperative interactions and no bullying.

Enjoy “heart” month!

PAC NEWSLETTER – FEBRUARY 2020



We had record attendance at this winter's **Caroling** evening! Thank you to all those that came out and helped us go green by bringing their own mugs. Special Thank You to Craig Bosnick for leading this great community event, to Brenda Nicholas for organizing, and to parent volunteers.

Thank You to Barb McMahon for organizing the **Movie Night** and to parents and students that helped set up the equipment and make the event a success. \$448 was raised!

Our annual **Pancake Breakfast** went off without a hitch again, thanks to Janet Ambrosio and her helpful parent volunteers. The children and parents all had a great time!

Lastly, thanks again to Barb McMahon for organizing another delicious **Community Lunch**. We hosted 2 Sprouting Chefs board members and the event donor at a special VIP table. The event couldn't have happened without the student and parent helpers. Thank you to each of you!!

Join our next PAC meeting



Next meeting is on **Monday, February 24th** from **7-9pm**. Childcare is provided. This is a great way to stay up to date about what is happening at your school. Please come and join us!



Our next hot lunch is **Friday, February 21st** with Greek food from OPA! Parent volunteers will be needed that day from **11am-12:15pm** to help sort drinks/freezies and deliver food. Please help us go green by sending reusable cutlery to reduce single-use plastic! Special thanks to parents that helped make the last hot lunch a success!

PAC needs your help:



There are some specific areas within the PAC that need your help! Can you volunteer your time (during or outside of school hours)? For more information please email the PAC at forestgrovepac@gmail.com. Our current needs include:

- **Organizer and volunteers for the next movie night are needed ASAP.** Without an organizer we will not be able to host another movie night.
- Volunteers for other upcoming events: Spring clean-up donation drive, Read-a-thon, and Sports Day.

Kindergarten Registration for 2020/21 School Year

Registration begins February 1st. Please come by the office between 9:30-12:00 and 1:00-2:30 to register your child.

Please bring the following **ORIGINAL** documents:

- Proof of child's birthdate (child's birth certificate or passport)
- Updated immunization record
- Immigration papers for parent and child, if applicable.
- Proof of guardianship (on birth certificate or landed immigrant papers or guardianship papers)
- Proof of citizenship of the parent and the child (Canadian birth certificate, citizenship card, passport, landed immigrant document or permanent resident card)
- Proof of residency of parent or guardian and student. This must include two items and at least one from A below:

A: proof of ownership of a home or lease or rental agreement

B: BC Hydro bill, BC Cable bill, Provincial driver's licence

*All forms to complete are available from the office or can be printed from the district web site.



If you have a Kindergarten-age neighbour please let their parents know of this notice. Thank you!