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Phone: 604-296-9026
<https://forestgrove.burnabyschools.ca/>

Principal: Mr. K. Gurney
H. Teacher: Mr. D. Nussbaumer
Secretary: Ms. K. Dawson

Quote of the Week

"Teachers have three loves: love of learning, love of learners, and the love of bringing the first two loves together."

— Scott Hayden

Important Dates

Tues., Oct. 4th &

Thurs., Oct. 6th

Early dismissal @

1:50 pm

Parent/Teacher

Conferences

Thanksgiving Mon.

Oct. 10th

No school

Wed., Oct. 12th

Photo Day

Tues., Oct. 18th

PAC Meeting @ 7pm

Friday, Oct. 21st

PRO-D DAY

No school for students

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The Peregrine Post



Issue #01

October 2, 2022



Health & Safety Thank You

As you all know, COVID has not just disappeared, and although we are no longer wearing masks for the most part at school, we are still implementing a number of [Health & Safety](#)

[measures](#) to keep students, staff, and families safe.

One of the keys to this is students and staff staying home when sick or showing symptoms. I want to thank families for erring on the side of caution and keeping kiddos home when sick, as it's making a world of difference. Together, we will get through this.

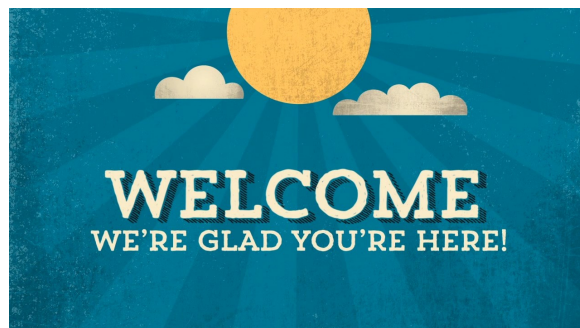
Welcome to the Forest Grove Crew

Our Forest Grove family has really grown again this year. We are very excited to welcome the following members to our staff:

- **Ms. Austin** is our new Indigenous Resource Teacher
- **Mr. Bolhuis** is a new upper intermediate Educational Assistant
- **Mr. Fenton** is a new primary Educational Assistant
- **Mr. Fancisco** is a new upper intermediate Educational Assistant
- **Ms. Jia** is our new grade 6/7 Mandarin teacher
- **Ms. Juthani** is a new primary Educational Assistant
- **Mr. Lai** is our new grade 4/5 teacher
- **Ms. Lee** is our new grade 1 teacher
- **Ms. Liaw** is our new grade 2/3 teacher
- **Ms. Martin** is a new primary Educational Assistant
- **Mr. Wagar** is a new intermediate Educational Assistant
- **Mr. Wilm** is our new HT relief & NIS provider

Welcome to the team, it's great having you on board.

K. Gurney—Principal



Always keep up-to-date on upcoming events by visiting
[Upcoming Events on our Forest Grove Website](#)

Sunny with a chance of rain, snow, fog, and hail

If nothing else, our West Coast Weather certainly keeps us guessing, as has been evident for the past week or so (I think Mother Nature forgot it was October...what sun!). As we enter the rainy, cold season in Burnaby, we ask that families please ensure that students arrive prepared for whatever the weather may have in store.



At Forest Grove, we understand the importance for students to get outside and remain active each day in order to reach their full potential at school. For that reason, we send students outside for recess and lunch every day unless it is unsafe to do so (for example, the field is a saturated mud pit or it is dangerously icy). This means that students should bring, boots, and possibly gloves and umbrellas to allow them a chance to enjoy some fresh air each day and still return to class feeling comfortable (instead of soggy and cold). We often have students needing to call home due to a fall in a puddle, so **an extra set of clothing (clearly labelled)** at school is always a good idea. I must say, that so far this year, almost all students have been well prepared for whatever the weather brings. Thanks for your help with this.

Photos

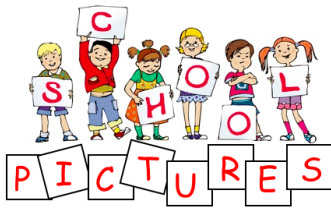


Photo day was back on Sept. 23rd, and students will receive their "photo cards" today with their login and password information. This will give you access to the Mountain West website where you can order your pictures.

If you missed Photo Day, or if you are not happy with your photo for some reason, our retakes will be happening on Thursday, Oct. 21st.

Terry Fox Event

On Sept. 22nd, we celebrated the 40th Anniversary of the Terry Fox Run with our own Forest Grove Run. The kids & staff were amazing and ended up doing over 2400 laps, and this was all made possible due to our wonderful parent volunteers and cheerleaders.



HUGE thanks go out to Janet & the PAC for purchasing all the oranges and to the parents that volunteered their time to not only cut all those oranges for the kiddos, but that also helped out on the various Terry Fox Routes to be spotters or markers. Not only did you make the event a lot of fun with all your cheering and support, but you also kept everyone safe.

Our goal this year was to raise \$4000 (about the same as what was raised last year). We haven't counted all the money yet, but we're likely close to this goal. There is still time to donate to the Terry Fox Foundation to support cancer research by clicking [HERE](#).

We are so lucky to live in such a caring and giving community. Thank you VERY much; your support is very much appreciated.



Parking @ Forest Grove

Like every year, parking and drop off continue to be an issue at Forest Grove. We're actually very lucky to have so much on-street parking available at our school (in comparison to most in our district). However, we continue to have people lingering at the student drop-off and people parking in the staff parking lot.

I realize that most of you are great about this and do your part to keep our kids safe, so this message is just for the handful that continue to flaunt the parking rules making it unsafe for our kiddos. Parking enforcement and RCMP will be stepping up their monitoring of this situation, but I'm hoping that it doesn't continue to be an issue moving forward.

PAC PRESS



Thank You!

Three cheers for all the parents who volunteered to help with this year's Terry Fox Run, preparing oranges and being there for the kids. Such spirited support for an important cause is much appreciated. Well done, all!



PAC Needs Your Help:

The Parent Advisor Council (PAC) is a volunteer run organization and we need your support! There are several positions on the PAC that still need to be filled, if you would like to volunteer please email us at forestgrovepac@gmail.com. The following positions need to be filled immediately:

If there is something you'd like to see PAC more involved with, please consider creating a committee to spearhead the project you'd like to see at our school. Our PAC members are

- | | |
|--|-------------------------------|
| DPAC representative | Black History Month committee |
| Emergency Preparedness committee lead | Parking & Drop off volunteers |
| Monster Mash volunteers | Movie night organizers |
| Hot lunch volunteers | Grant writers |
| Truth & reconciliation committee (Sept.2023) | |

all parent volunteers and while we'd love to make every suggestion a reality, we only have so much time to give and need your help too.

Thank you to everyone that has volunteered their time, talents, made financial donations or donated other resources to the PAC. We truly cannot do it without your support! .



Donations Welcome

Want to help out financially? Then log in to <https://burnaby.schoolcashonline.com/Fee/Details/635/16/false/true> to donate to the Forest Grove PAC. The Donation Drive runs until November 30th this year, giving you plenty of time to give back and support worthy initiatives such as Garden Club, Field Trips, Class Resources, Special Events, and everything in between.

Join our next PAC meeting!

If you are a parent at Forest Grove you are welcome to join us for our monthly PAC meetings. This is a great way to stay up to date about what is happening at your school. Our next meeting will be on **Tuesday, October 18th @ 7:00 pm** . Please join us!



Forest Grove Grade 7 Fundraiser is back again!

Help the planet and help the grads!

Bring refundable cans and bottles in a clear bag to

any Return-It EXPRESS Depot.

No sorting!

Just use the EXPRESS kiosk and en-

ter Forest Grove's

phone number: 604-296-9026 to donate your refund.



Your donations will help the grade 7 class of 2023 raise funds for farewell celebrations. **The account will be open until June 2023.** *The grade 7s thank you in advance!*

Return-It EXPRESS Locations close to Forest Grove:

6518 Hastings Street, Burnaby

6893 Hastings Street, Burnaby

435 (Unit W) North Road, Coquitlam

FlipGive

FlipGive

The PAC earns cash back on the things you're already buying, including gift cards, at leading online stores such as *Amazon, Indigo, Starbucks, The Real Canadian Superstore, Esso* and more. [Click here](#) to join the

Forest Grove PAC team.

COBS Bread

Did you know that 5% of your purchases made at the Cobs Bread at Lougheed Mall can be donated back to the PAC? Just mention Forest Grove at the time of purchase.



Family Accident Reimbursement Plan

A reminder to let parents know about the voluntary purchase of accident insurance through the Family Accident Reimbursement Plan. Click the link below for more information.
https://burnabyschools.ca/wp-content/uploads/2020/07/StudentAccidentInsurance_2020_2021.pdf

Helping Students Deal with Change

As we are a month into another school year, this comes with a lot of changes and unknowns. Some of this can be REALLY exciting, while others are nerve-wracking and scary. One way to support students through inevitable changes like this and prepare them for these steps throughout their lives, we need to promote resilience.

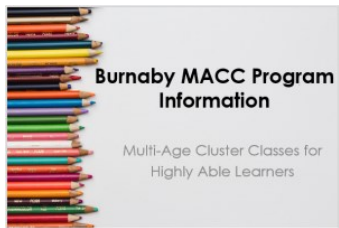
Ms. Aquilla passed along this [article](#) that I thought might be of interest to some of you. It speaks of 3 key ways to promote resilience to help children gain more confidence to face changes as they come through:

- 1) Strengthening relationships with love and connection
- 2) Making space for emotions
- 3) Promoting a sense of mastery

For the whole article, click [HERE](#).



Opportunities



MACC PROGRAM INFORMATION EVENING: MACC is an interdisciplinary, inquiry based program for highly able learners seeking heightened cognitive and creative challenge in an inclusive and supportive community of intellectual peers. MACC is responsive to the needs of high-ability learners whose cognitive, personal and social skills may be developing at varying rates.

- Grades 4/5 & Grade 6/7 at Capitol Hill Elementary and Suncrest Elementary
- Learn More at an Information Session: **Thursday, Oct. 6th**, 7pm, Burnaby Central Secondary (Room A206) MACC applications available online from Oct 10 - Nov 7



BETA MINI SCHOOL INFORMATION EVENING: A specialized program for Highly Able Learners entering grade 8, the BETA Mini-School is offered at Alpha Secondary. It is designed to challenge and support students who have demonstrated high potential, talent and ability. In an inclusive environment of intellectual peers, students participate in rigorous, complex, creative, cognitive challenges. This differentiated

program offers an exciting and engaging learning environment designed to support students of high ability to reach their intellectual, personal and social potential.

- Learn More at an Information Session: **Thursday, Oct. 6th**, 7pm, Burnaby Central Secondary (Room A206) BETA Mini School applications available online from Oct 10 - Nov 7

October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Hot Lunch Begins Daily (Click HERE to order)	4 Early Dismissal @ 1:50 pm Parent/Teacher Conferences	5	6 Early Dismissal @ 1:50 pm Parent/Teacher Conferences	7	8
9	10 Thanksgiving Monday (No School)	11	12 PHOTO DAY	13	14	15
16	17 Stream of Dreams Begins	18 PAC Meeting @ 7:00 pm	19	20	21 PRO D DAY (No School for stu- dents)	22
23	24 Stream of Dreams Install (Parent Help Needed)	25	26	27 Photo Retakes	28	29