

8525 Forest Grove Drive  
Burnaby, BC V5A 4H5  
Phone: 604-296-9026  
<https://forestgrove.burnabyschools.ca/>

Principal: Mr. K. Gurney  
H. Teacher: Mr. D. Nussbaummer  
Secretary: Ms. K. Dawson

### Quote of the Week

"Every child deserves a champion – an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be.

Rita Pierson

### Important Dates

#### Thursday & Friday, Feb. 2 & 3

Saleema Noon Sexual Health

#### Monday, Feb. 6th

Jump Rope 4 Heart Kick Off

#### Friday, Feb. 10th

Lunar New Year Performances:  
12:45 pm & 4:30 pm

#### Monday, Feb. 20th

Family Day (No School)

#### Tuesday, Feb. 21st

PAC Meeting @ 7 pm on Zoom

#### Friday, Feb. 24th

Pro-D Day (No School for students)

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# The Peregrine Post



Issue #04

February, 2023

## Lunar New Year Celebration 2023

The Chinese Lunar New Year is known as the Spring Festival or **Chūnjié** in Mandarin, and is tied to the lunar calendar beginning with the first new moon that occurs between the end of January and beginning of February. This year, Lunar New Year began on Jan. 22nd and lasts 15 days, until the full moon arrives on Feb. 6th.

Each year in the Lunar Calendar is represented by one of 12 zodiac animals, and this year is the Year of the Rabbit, which is linked to calm and contemplation.

To celebrate at Forest Grove, each of the classes did activities related to Chinese New Year during January. In addition, each of our Mandarin Classes have been working on a performance to present on **Friday, Feb. 10th**.

### Friday, Feb. 10th:

- 12:45 – 1:45 pm (Doors open at 12:45)
  - Families and all students will be invited to the gym for a Lunar New Year Performance
- 1:45 – 2:45 pm
  - Families will be invited to visit cultural stations run by divisions 3 & 4 in the Community Room and classrooms 24 & 5
- 4:00 – 5:15 pm (Doors open at 4:00)
  - Families invited to another performance (in case you can't make the early afternoon performance) in the gym.
  - All Mandarin students, please report to your outside classroom door at 4:00 pm to prep for performance

新年快乐 (Xīnnián kuàilè)  
...Happy New Year Forest Grove Families!

K. Gurney—Principal



## Share Your Voice

The Burnaby School District is preparing a new Long-Range Facility Plan. We're seeking feedback from families, students, staff and the wider community in Burnaby, as plans are developed for new and existing school buildings to accommodate projected population increases and more.

The District is broken into [four educational zones](#) and Forest Grove is part of the **Cariboo/Lougheed Zone**. Each has its own unique challenges and potential solutions. To share your input and thoughts electronically, join the conversation on Thought-Exchange about the Cariboo Lougheed Zone by clicking on the link below: <https://tejoin.com/scroll/488120103>. The opportunity to provide input will be open until end of day on February 28.

You're also invited to a public meeting on February 15 to share your voice, as we prepare for population growth and what tomorrow's students will need in schools. Drop-in anytime from 5-8pm on Wednesday February 15 at the District Administration Office located at 4054 Norfolk Street.

For more information, visit our website [HERE](#).

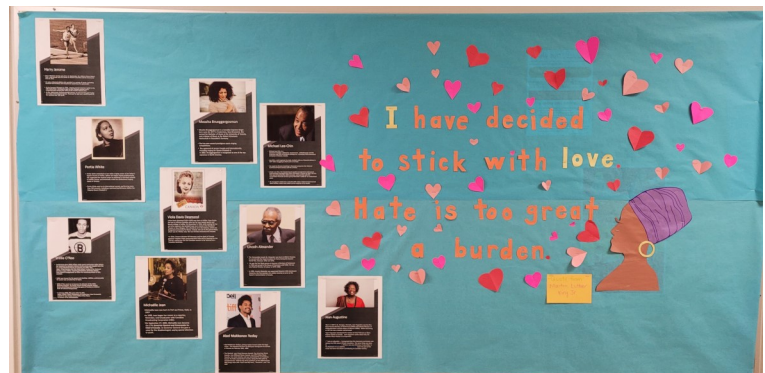
SHARE Your Voice

## Social Emotional Learning with Ms. Aquila

Ms. Aquila, our school counsellor, has a helpful blog for families looking for information on things like Community Supports, Regulation Strategies, Dealing with Anxiety and more. For more information, visit her blog here (<https://sd41blogs.ca/aquilaa/>)

## Black History Month

Black History Month has received official recognition in many countries around the world and originated as a way of recognizing important black people and events in history and recognize their achievements. It is also a month in which we take time to reflect on racism and oppression but also acceptance and celebrating our diversity.



Huge thanks go out to Wendy, Meagan, Leanne, and Nicole, our amazing parents that took the time to plan, organize, and create two amazing bulletins outside our office to help facilitated discussion for students and staff and recognize important historical figures. Be sure to have a look at what they've created.

# PAC PRESS



## **PAC Direct Donation Drive:**

If you'd like to make a donation to PAC, click this link to [School Cash Online](#). Click the donation button, then in the gift information section, you can choose or enter the amount you want to donate (anything \$20 and above will be issued a tax receipt), then click on the "Fund Destination" and choose "Forest Grove". Thank you for your support!

## **PAC Needs Your Help:**

New PAC Secretary needed ASAP! Please email [janetambrosio@gmail.com](mailto:janetambrosio@gmail.com) if you're interested or want to know more! We're also looking for someone to arrange a spring movie night.



Parent support is always needed, and you can help out your children by helping the PAC. Whatever your availability, there are many ways to get involved in school events and initiatives. Contact us at [forestgrovepac@gmail.com](mailto:forestgrovepac@gmail.com) for more information.

## **Join our next PAC meeting!**

If you are a parent at Forest Grove you are welcome to join us for our monthly PAC meetings. This is a great way to stay up to date about what is happening at your school. Our next meeting will be on **Tuesday, Feb. 21st @ 7PM**. A Zoom link will be emailed to you. Please join us!

## **Resource for families:**

BCCPAC has resources for parents: <https://bccpac.bc.ca/>

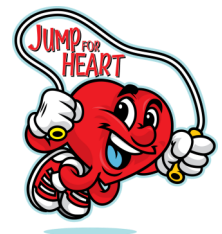


## **Change of Clothes**

Just a reminder as the weather turns cold and wet to please send a change of clothes to school for your child in case they need it. Thank you.

## **Jump Rope For Heart**

Our Jump Rope For Heart initiative to raise money for the Heart & Stroke Foundation will start Feb. 6th and wrap up on Feb. 14th with our day-long jump rope event. More information will be sent home soon about how families can support our fundraising efforts.



## **Registration Month (February)**

For students coming to school in September (Kindergarten or moving from another school), registration happens this month. For more information, click [HERE](#).



## Forest Grove Grade 7 Fundraiser is back again!

Help the planet and help the grads!

Bring refundable cans and bottles in a clear bag to

any Return-It **EXPRESS** Depot.

No sorting!

**Just use the EXPRESS kiosk and enter Forest Grove's  
phone number: 604-296-9026 to donate your refund.**

Your donations will help the grade 7 class of 2023 raise funds for farewell celebrations. **The account will be open until  
June 2023.** *The grade 7s thank you in advance!*

Return-It EXPRESS Locations close to Forest Grove:

6518 Hastings Street, Burnaby

6893 Hastings Street, Burnaby

435 (Unit W) North Road, Coquitlam

# FlipGive

FlipGive

The PAC earns cash back on the things you're already buying, including gift cards, at leading online stores such as Amazon, In-

digo, Starbucks, The Real Canadian Superstore, Esso and more. [Click here](#) to join the Forest Grove PAC team.

COBS Bread

Did you know that 5% of your purchases made at the Cobs Bread at Lougheed Mall can be donated back to the PAC? Just mention Forest Grove at the time of purchase.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
			REGISTRATION MONTH	Saleema Noon Sessions (Div. 9, 12, 15–17 and all grade 6 & 7's)	Saleema Noon Sessions (Div. 4– 8, 10, 11, 13 & 14)	
5	6	7	8	9	10	11
	Jump Rope 4 Heart Kickoff Assembly				Lunar New Year Celebration (12:45 pm and 4:30 pm)	
12	13	14	15	16	17	18
		Jump Rope 4 Heart Day	Cariboo/ Lougheed Zone Public Meeting @ Board 5–8 pm			
19	20	21	22	23	24	25
	Family Day (No School)		PINK Shirt Day		District Pro-D Day (No school for students)	

